

November 18, 2009

Secretary Kathleen Sebelius
The U.S. Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201

Dear Secretary Sebelius:

I am contacting you to ask for your help with a serious national health problem, that is hurting most of us, based on missed science about the lymphatic system. It is especially hurting infants with diseases like colic, cystic fibrosis, Muscular Dystrophy, learning disabilities, Asperger's and autism. This missed science also plays a major role in why there is such a problem with obesity in our nation and among our children. **The problem is missed published science about the lymphatic system (a sewage treatment plant for the body) and an important part of the immune system response.** I am a retired NYC Firefighter and Lymphedema therapist living in Surprise, Arizona. Over the past six years I have contacted the government, politicians, NIH, Surgeon General's office, and medical schools to explain that **missed science about acid and its negative effect on the lymphatic system, is not understood in our idea of disease and attaining good health.**

The lymphatic system plays a major role in removing excess fluid and proteins (parts of dead cells and fibrin) from the body. When the body is even slightly acidic, the tiny lymphatic vessels constrict and cellular waste builds in the body. You will see later in this letter how many of our diseases have to do with excess protein building in specific parts of the body. I have not stopped trying to contact the government, NIH, medical researchers, as well as leading doctors, because *this MISSED SCIENCE, that an acidic pH slows or stops the lymphatic system (our body's sewage treatment plant) is allowing proteins to build in the body. This is hurting all of us in some way, but it is especially hurting infants and children.*

The lymphatic system is so important that if it did not recover the protein-rich liquid (a large part of which the venous system cannot recover), the body would probably develop major systemic edemas (protein loss), auto-intoxification and die within 24 - 48 hours (Guyton A.C., 1985). Experiments have shown that the complete blockage of all the lymphatics of the leg of a dog brings death in a few weeks (Clodius L., Altorfer L., 1977).

This is an undetected worldwide problem. **The problem I see is simple; we view and treat acid as a digestive problem, rather than acid, constricting the tiny vessels and nodes of the lymphatic system, our sewage treatment plant.** The lymphatic system plays a large role in competing circulation. When these tiny vessels (most are as thin as your hair, many are microscopic) become constricted by acid, it creates congestion of cellular waste (lactic acid and parts of dead cells) anywhere in the body, starting the disease process. There is no doubt that there is a significant problem with acid. **Each year over 10 billion dollars is spent worldwide on antacids.** The problem of excess acid begins early. **Many two-week old**

infants with colic are prescribed antacids. Adults with multiple sclerosis are on multiple acid medications, but we don't see acid causing the health problem or disease.

The lymphatic system is almost invisible in the body and in our idea of diseases or health. Dr. Mehmet Oz, a renowned cardiac surgeon, author and TV personality has written, *"Lymphatics are the next frontier in human disease. Long ignored because of their subtlety and complexity, the mysteries of our cellular "waste disposal" system have been comprehensively deciphered by Bruno Chikly."* This was written in 2001 and it has not become the next frontier in disease, it is still ignored today. When I speak with doctors they tell me many of their patients suffer with swelling. The lymphatic system plays a major role in removing excess fluid from the body. The lymphatic system has been studied since the 1600's but it is missed in our medical system at great costs to our health.

After studying and working with the lymphatic system for over 14 years, I can tell you that this missed science is hurting the nation. The lymphatic system is not a complex system. Consider it a tiny secondary plumbing system that must remove fluid and waste from your body and help move white blood cells to scavenge bacteria, viruses, cancer and toxins. When it becomes clogged, we fill with waste wherever circulation is impeded and our immune response is weakened. **In my in-depth research of medical texts like the Merck manual, I can tell you the lymphatic system is ignored in the idea of disease except in cancer, (i.e. lymphoma). This is a monumental problem.** In traditional medicine the lymphatic system is mostly only used in Lymphedema, to reduce swollen limbs. For 13 years in my wellness center I have used the lymphatic system to relieve most illnesses from pain, stress, MS, Autism, fibromyalgia, migraines, depression, skin problems, etc. The point is the understanding of the lymphatic system is not utilized to its fullest in our medical system and it is hurting the nation.

The lymphatic system is connected to every system of the body and is responsible for completing circulation and removing fluid and cellular waste from every part of the body. Anywhere there are blood vessels there are lymph vessels to help return to the heart and blood, large proteins (clumps of parts of dead cells), fluid and other waste that are too large to return to the veins. *When you are even slightly acidic (even with no outward signs of acidity) the lymphatic system constricts and allows excess fluid (we have many problems with swelling and fluid filled cysts), proteins (parts of dead cells - Amyloidosis - a buildup of abnormal proteins that can be fatal), acidic cellular waste (lactic acid which contributes to acid reflux), hormones (excess hormones in body), cholesterol (high cholesterol affects millions) and toxins build in our skin, bones, muscles, organs, nerves and brain.*

This buildup of waste limits circulation and begins what we call disease. If your heart or arteries fill with this waste, we call it heart disease or arteriosclerosis. If your kidneys fill and stop working, we call it kidney disease. If your brain becomes filled with excess waste and proteins you can have depression, anxiety, bipolar or thinking problems like ADHD, Asperger's, Autism, Dementia or Alzheimer's. We have many different names for our diseases but the Missed Root Cause of Disease is lack of complete circulation due to excess acid and its constricting affect on the lymphatic system. **In the 1930's a**

prominent Canadian cancer researcher, Dr. O.C. Gruner, wrote that cancer and most disease is due to lack of circulation in the tissues of the body. He said when we find what causes this lack of circulation we will know the root cause of disease. The lymphatic system must complete circulation through the tissues and organs of the body or circulation is impeded. Since the lymphatic system is ignored we miss how this system completes circulation in the tissues and organs.

An Overly Acidic Body = A Constricted Lymphatic System = Excess Proteins, Fluid and Debris Building in the Body that Limits Circulation in Any Part of the Body Creating Disease.

In my book, *An Undetected Acid-Alkaline Imbalance*, you will find research by many doctors and researches that show excess acid or excess proteins, are a major contributing factor in many diseases. Unfortunately the lymphatic system's role in removing excess proteins and acid waste is missed in the idea of disease. This is a monumental problem!

In *An Undetected Acid-Alkaline Imbalance* you will read how:

- **2/3 of our nation is overweight - Two studies published in 2005 prove Fat and Obesity are linked to damaged lymphatic vessels. (page 112)**
- Diabetes is a monumental problem - Two studies from the 1980's prove an acidic pH can impair the cells ability to use insulin by 50%. Acid constricts the lymphatic system creating a harsh cellular environment limiting the cells ability to use insulin. (page 115)
- Studies show that the lymphatic system reabsorbs up to 48% of cerebrospinal fluid, the fluid that helps clean and maintain the brain. Plays a role in depression, anxiety, bi-polar, autism (page 80)
- Study shows that the brain of the fetus is dependent on the lymphatic system until birth. This plays a role in autism. (page 100)
- In Autism, proteins are a suspected contributing factor. (page 99)
- In Batten Disease healthy children slowly become incapacitated and die young due to proteins building in their nerves and brain. (page 101)
- Studies have shown that a buildup of Tau Protein is a contributing factor in Alzheimer's. (page 111)
- Study shows Multiple Sclerosis begins when blood proteins and fibrin leak into the brain. (page 118)
- Amyloidosis - A buildup of abnormal proteins that can build in any part of the body and become fatal. (page 77)
- Excess proteins are a known contributing factor in many diseases, (i.e. heart disease, kidney disease, Alzheimer's, fatal familial insomnia.) (page 77)

Since the lymphatic system is an emerging science, we are missing how the lymphatic system must remove a portion of this excess protein, acid waste and fluid, or it builds in our bodies in turn limiting circulation and creating our health problems.

In this packet I have included only some of the many letters or emails I have sent over the past six years, as well as research and pictures of the lymphatic system. You will see I have been consistently asking for help regarding this serious issue to no avail. Because this is such a serious missed problem that is hurting most of us, especially children, I will not stop until this matter of missed science is acknowledged.

This next statement is from The Surgeon Generals Website; *"The Surgeon General serves as America's chief health educator by providing Americans the best scientific information available on how to improve their health and reduce the risk of illness and injury."* After speaking with a senior advisor to the Surgeon General for over five months, I asked that the Surgeon General educate Americans about the missed science of the lymphatic system, I was told there was nothing they could do. This is a large problem of missed science that the government should be educating the public about and making sure the medical establishments add this missed science to its knowledge base. Last year I sent over 60 letters to congress and the senate. Congressman Trent Frank's office treated me like a terrorist and this year I met Congressman Mitchell at a 9/11 memorial, and he said he would look into it. I sent a packet similar to this and his staff told me this is not a congressional problem but an executive branch problem. What am I to do?

I hope that you see why this must be looked at and speak with me. I will show you why someone must educate the nation about this missed basic science that must be understood for us to have less disease and improved health. Please think of your family and how their future would change if they understood this missed science. I hope you see the magnitude of what I have found and contact me. In a one-hour presentation I can help you see the problem very clearly. This is science that no doctor can refute once they see the emerging science and understand acids affect on the lymphatic system.

I am asking for your help. Proven, published science about the lymphatic system is missing from our idea of disease and health, and it is slowly killing us and hurting children. Please help me, I know this missed science is important to the health of the nation!

Sincerely,

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